Kid in the Corner

Impact Report

2023 - 2024 School Year

The following are pre-and post-survey results from the 2023-2024 school year.

3,500
YOUTH CONNECTIONS

PRESENTATION TYPE

100%
IN-PERSON

School Grades

Students surveyed included those in 4th-12th grades

4th Grade | 5th Grade | 6th Grade | 7th Grade | 8th Grade | 9th Grade | 10th Grade | 11th Grade | 12th Grade

85% "I feel comfortable reaching out to the kid in the corner."

78% "I have a self-care plan and know how to use it."

75% "I feel comfortable being a person that others can talk to."

95% "I know what stigma means."

93% "I know which mental health resources to use when I or others are struggling."

FROM THE STUDENTS

The most important thing I learned during this program was...

I learned that mental health is more important than most other things will ever be.

That I'm not alone and there are thousands of others going through the same thing.

Figuring out what mental health resources to use when I or others are struggling.

The most important thing is that I know what to do when I feel sad or when others feel bad.

Learning about what stigma is doing to mental health is the most important thing I learned.

How important it is to always show kindness to myself and others.

That your mental health is as important as your physical health.

That it is ok to reach out to people when you feel that you are struggling and need help. It isn't just ok, it is very strongly encouraged.

Since I have struggled with this in the past, I'm glad to know that people talk about it. I learned that there are a lot more people than I thought that are going through the same things I am.

I think one of the most important things this presentation helped me learn was that it's okay to reach out to people when I'm upset, because I've never been good at that (but I will try to work on it). Thank you for this presentation, it was really interesting and super helpful :).

The presentation was a reminder that even if my emotions are the only person's I can fully feel, it's still important to reach out to other people and just see how they're doing. You never know when that's going to make a big difference.

That no matter what, even if you don't know someone or you do, you should do something kind to make sure they know they are not invisible. And, "It's Okay to Not Be Okay". And to know you can always call one of the hotlines if you need someone to help you/talk to.

The most important thing I learned from this presentation was that everyone is going through something no matter who they are, how they act, or how they look. You should always reach out to others to check up on them, just say hi, or even compliment them because it can save life.